

# Men are From Dirt & Women are From Men

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Communication....What?

## Psalm 19:14 Our Communication Is An Avenue of His Pleasure

<sup>14</sup> May the words of my mouth and the meditation of my heart  
be pleasing in your sight, O LORD, my Rock and my Redeemer.

> No matter what our differences we are vessels that should honor Him.

> We communicate differently but we have the same goal

To edify our spouse

To communicate our thoughts and visions

To grow as a couple in the intimacy of our lives.

> Our communication is all about the speaking and listening so as to build a  
bridge into our spouse's life. Our unique communication styles cause us to have  
to see the value of each person as they communicate.

## Film Clip "Listen to Your Lady"

1. How true is this clip?
2. What is the obvious difference between men and women's communication styles?
3. **Women:** Why do you think your husbands do not listen?
4. **Men:** Why do you think your wives talk so much?

## Proverbs 18:10 We Listen Differently > Literally Created Differently<

<sup>13</sup> He who answers before listening— that is his folly and his shame.

> Listening means:

For him it is to hear the stated facts **that require** action. **FIX IT**

For her it is to hear the heart meaning that **may** require action. **FORMULATE IT**

> Answering means:

>For him it is solve the perceived issue: **CONDENSER**

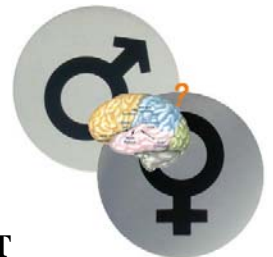
Linear thinking forces him to isolate one thing at a time.

Vision thinking forces him to answer present/future.

>For her it is to get the bigger picture: **EXPANDER**

Global thinking forces her to view the impact beyond the issue.

Relational thinking forces her to answer present/past



Key: Who is talking and who is listening at any given moment in your communication?

## James 1:19 Same Challenge but Different Responses

<sup>19</sup>My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, <sup>20</sup>for man's anger does not bring about the righteous life that God desires.

Key Foundation for James 1:19; from Matthew Henry the commentator

“People are often stiff in their own opinions because they are not willing to hear what others have to offer against them: whereas we should be swift to hear reason and truth on all sides, and be slow to speak any thing that should prevent this: and, when we do speak, there should be nothing of wrath; for a soft answer turneth away wrath.”

>Each aspect of this verse is heard differently by men and women, BUT we must all be obedient to the biblical instruction of this and the associated scriptures.

Communication Challenge: Women have 20,000-24,000 words to speak per day.  
Men have 7,000-10,000 words to speak per day.

### >She thinks through her communication.

- >Processing some 20,000 words externally is equal to the 20,000 words he is thinking internally in his “cave”.
- >Her external communication allows her to collect any pieces that are out there that could be impacted by the issue at hand.
- > Her need for communication from him is to help put all the pieces together to form a “solution” that is absolute yet flexible. **LONG FUSE**
- > **She needs to** listen to what he is not saying, without asking all at once.  
Anger is the result of not listening to him as a male. **CONTROL**



### > He thinks then communicates

- > Processing only 7,000 words to maybe 10,000 externally is equal to the 7,000 words she processes internally that turn into 20,000 external words with meaning.
- > His internal processing allows him to think through a “vision/solution” based on all the data he has heard. He frees himself from “feelings” to allow him to see a solution. Thus the external will sound “feelingless”
- > His need for related useful information may cause frustration as he wades through the big picture. **SHORT FUSE**
- > **He needs to** hear what he does not “need” and see the feelings and relational information as equal yet pliable facts.  
Anger is the result of not listening to her as a female. **CONTROL**



**Better Than Ever**, By Drs David and Jan Stoop

### **5 Steps for Communication**

*Key is that to take each step as a step to better hear/or speak to your spouse. This is not about your differences building a wall. It is about your oneness in Christ building a bridge into your spouses heart*

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| 1. Soften the Way You Begin.                     | James 1:19           |
| 2. Accept Each Others Imperfections.             | 1 Peter 4:8          |
| 3. Listen to Your Own Anxiety                    | Psalms 139:23        |
| 4. Work on Not Personalizing What is Being Said  | Hebrews 10:23,24     |
| 5. Be Supportive in Your Response to Your Spouse | 1 Thessalonians 4:18 |