

Say What?

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The Testimony

Your spiritual journey opens intimate communication...prayer

Psalm 19:14 Words That are Seated in My Inner Most Being

¹⁴ May the words of my mouth and the *meditation of my heart* be pleasing in your sight, O LORD, my Rock and my Redeemer.

- > The starting point for real INTIMATE communication is in your heart of hearts.
- > Are our words and “meditations” reflecting Christ or just our thoughts, hurts, issues?
- > Meditation: Is an action:
 - Contemplation and communitive prayer, giving insights towards cleaving to God.
 - The heart of the Believer is “groaning” in response to a “God-Heart” connection.
- > 1 Samuel 16:7 Pleasing in His Sight
 - ⁷ But the LORD said to Samuel, “Do not consider his appearance or his height, for I have rejected him. The LORD does not look at the things man looks at. Man looks at the outward appearance, *but the LORD looks at the heart.*”
 - His eyes are set on the condition of your heart.
 - Your spouse can see and understand the condition of your heart
 - By your body language
 - By your tone
 - By your listening
 - By your response
- > God is “listening” for Covenant Language from your heart to your spouse’s heart.

Say What? Get the Prayer Ball Rolling

YouTube: <http://www.youtube.com/watch?v=5FJWL3RtUCY&feature=related>

1. How true is this over all?
2. What was the best prayer you spouse ever prayed?

Say What Testimony: Share with us a testimony of how praying together changed your marriage.

1 Peter 3:7 The "Bottom Line" for Prayer

⁷ Husbands, in the same way be considerate as you live with your wives, *and treat them with respect as the weaker partner* and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers.

> Get your heart ready:

> Respect

- R- Rejoice in the bride/groom of your youth
- E- Express favor on each other
- S- Speak life and not death
- P- Pray without ceasing / then pray together
- E- Expect God to hear you
- C- Communicate your "feelings" as you pray
- T- Trust the heart of your spouse.



> Prayer together as equals (heirs) creates a co-dependency in prayer.

- I depend on your prayer to awaken in me my prayer.
- We learn to "feed off" of each other as we pray.
- The gift of life in the covenant promise life you have in the Lord as individuals and as a couple.

> Hindering of prayer comes from praying your own pray and not being lead by the Holy Spirit. This is not about right or wrong, it is about "Oneness" in prayer.

1 Corinthians 7:3ff The Intimacy of Prayer

³ The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. ⁴ The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife. ⁵ *Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer.* Then come together again so that Satan will not tempt you because of your lack of self-control.

> The intimacy....IN TO ME SEE...of a marriage is shared both physically and in prayer.

> Paul is implying that the sexual intimacy of a couple and the prayer intimacy is the same. You are simply changing the intimacy you share with each other. TRUE prayer intimacy comes from the intimacy you share and express as a couple.

> One does not equal the other, but the result is a oneness both physically and spiritually.

6 minute prayer The Starter Prayer LET'S DO IT!

God takes the small beginning steps and grows from there.

- If you are standing for your marriage, then you pray by faith for your spouse.

Remember:

You are Accepted by God Colossians 2:10

You are Secure in Him Romans 8:35-39

You are significant in Him Ephesians 3:12

